



**KAIROS**

FREE STORE

**Rescue Food.  
Feed People.  
Build Community.**

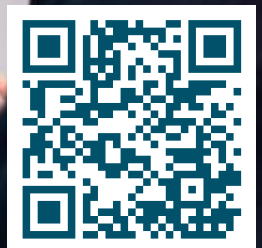
Kairos Food Rescue collects excess food, destined for the bin, from local cafes, restaurants and other suppliers and distributes it to the people in our city who need it.

Kairos Food Rescue processed 480 tonnes of rescued and donated food in the 2022 financial year.

**24,372 TONNES**  
of food is wasted every  
year in New Zealand  
(we're doing something about it!)

**"When you combine hungry people in the community, the masses of quality, wasted food from cafes & eateries daily + passionate people who want to get involved, something beautiful is bound to happen..."**

— Beth Hutt, Founder of Kairos Free Store



[www.kairosfoodrescue.org.nz](http://www.kairosfoodrescue.org.nz)

# Feed the hungry. Save the planet.

Kairos Food Rescue works with eateries and food suppliers to reduce food waste and stop it going to landfill. We collect leftovers at the end of the business day and give it away to those in need. We also collect surplus and short-dated stock from bulk food suppliers, making it available in our Free Store and in food banks across the city.

- Reduce waste
- Contribute to the community
- Reduce carbon footprint
- Make a difference

At Kairos Food Rescue and Free Store, we do food. And we do what we do well.

## But food often just masks the real problem.

Kairos collaborates with other community services to deal with the real issues that people face. Kairos Free Store provides a non-threatening environment for friendly conversations about problems that go beyond food and bring greater relief. It's another example of how Kairos gives a hand up, not just a hand out.

➡ Budgeting advice and debt management with Compassion Trust

➡ Drug and alcohol counselling with DrugArm

## How can you help?

### Donate

Support Kairos Food Rescue with a one-off donation or become a Friend of Kairos for as little as \$5/week.

### Give Food

We collect the leftovers from your restaurant or cafe at the end of the business day and give it away to those in need.

### Sponsor

Get your business on board! Contact us to find out about sponsorship opportunities.

### Share our Stories

Join our newsletter or follow us on social media.

### Volunteer

Helping out at the Kairos Food Rescue is very rewarding. There are lots of ways that you can get involved

[www.kairosfoodrescue.org.nz](http://www.kairosfoodrescue.org.nz)

 [kairosfreestore](https://www.facebook.com/kairosfreestore)  [kairosfreestore](https://www.instagram.com/kairosfreestore)

**Kairos Free Store**  
284 Tuam Street  
Central Christchurch

**KAIROS**

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### Open Hours

**Monday**  
4:30 - 6:30pm

**Friday**  
4:30 - 6:30pm

